

# **ANNOUNCEMENTS AND REMINDERS**

Next Webinar: Date: April 17th 11-12p Topic: Chapter 51 Presenter: Sarah Henrickson from Journey Mental Health Center



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https://lp.constantcontactpages.com/sl/sMSd5qD/DCPNSIGNUP



### What's in this edition:

- What is the DCPN?
- DCPN Purpose and values

as developed in partnership at the DCPN Kickoff meeting in January 2024!

- DCPN Provider Spotlight: Crisis Stabilization
- Ongoing training resources

Iook for this icon for trainings still available in April!



# What is the Dane Crisis Provider Network (DCPN)?

The DCPN is comprised of the various programs which provide care along the crisis continuum in Dane County. DHS 34 is the administrative rule that crisis programs fall under and certification is jointly held by Journey Mental Health Center and the County. We recognize that we work best as a continuum when we work together and hope to strengthen pathways for referrals, connection, and care. We aim to strength the network by publishing quarterly newsletters, offering bi-monthly webinars, and hosting routine leadership meetings.





## **DCPN Purpose**

To foster collaborative relationships and transparent communication among a coordinated community of providers in order to deliver the right care from the right team at the right time.

## **DCPN** Values





**Collaboration:** working together, knowing and understanding each other, listening, openness, teaming, communication, collective goals, connection, mutual aid

**Trust:** putting confidence in other providers/programs, ability to safely rely on each other, trusting the abilities of others, believing in one another,

trusting and being trustworthy

Adaptability: flexibility, openness to change, creative ways to use resources, support changing dynamics/culture/funding, adapting standards/practices, when we encounter barriers we don't stop collaborating and continue to problem solve, willingness to step outside of "we don't do that"

**Diversity:** representation that reflects our community, hiring a diverse workforce, welcoming different perspectives, diversity of services, removing







**Growth:** open-mindedness, willingness to change, futureoriented, best practice, not looking for reasons you can't

**Compassion:** caring about the individuals we serve, presuming positive intent, interdependence, seeking to understand other points of view, understanding limitations, sharing stories, taking time to reflect, caring for other providers as well as clients







# **PROGRAM SPOTLIGHT**

# **Crisis Stabilization**

### **Types of Services**

Crisis Stabilization is a sub-unit of the Emergency Services Unit that works to divert crises, prevent future crises, and/or help an individual connect to the community post-crisis. Services include but are not limited to screenings for crisis diversion services, creation of safety plans, short term case management, transportation to appointments and healthy activities, C-SSRS, Crisis Plans, Response Plans (collect from outside providers), compliance checks, court order reviews, home visits, crisis peer support, connection to basic needs, support in getting insurance, work closing with hospital discharge planner, join Crisis on home visits, and referrals to behavioral health resources, in-person support, and medication observations for Journey prescribed clients. Crisis Stabilization also works with the ZeroSuicide initiative.

### Did you know?

Crisis Stabilization does flex hours as needed. Staff are available to work weekends, nights and holidays to meet the need of the community and our consumers.



### **Eligibility and Access**

Persons who are in a mental health crisis and meeting the Crisis Stabilization Medicaid guidelines are eligible for Crisis Stabilization. We typically support people who are under a mental health court order and/ or have been unsuccessful with connecting to follow up with services for whatever reason. We have the ability to provide services for any Dane County resident in Crisis, including those under a mental health court order.

**Hours of Operation** 

Monday-Friday 8am-4:30pm. Medication deliveries on the weekend from 4-7 pm.

Cost

We primarily bill Medicaid for services but have the ability to support individuals who are uninsured.

Length of time

Short term (under 90 days)

Main phone number

608-280-2624



current Crisis Stabilization staff pictured

If you have questions about our programing: 608-280-2500 or peter.zallar@journeymhc.org (Pete Zallar)



# **TRAINING OPPORTUNITIES**

### **UW Green Bay Trainings**

#### Crisis Response Planning (CRP)

April 18, 2024 | 8:30am - 12:30pm CST

Register here: <u>https://www.uwgb.edu/behavioral-health-training-partnership/training/2024-suicide-care-</u> <u>trainings/crisis-response-planning-crp-25e72f0a7c78ead61f6760b1d88104c2/</u>

#### Introduction to DBT Interpersonal Effectiveness Skills

April 19, 2024 | 8:30am - 12:30pm CST Register here: <u>https://www.uwgb.edu/behavioral-health-training-partnership/training/dbt-skills-trainings</u>

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#### Addressing Therapy Interfering Behaviors in DBT

May 10 and 17, 2024 | 8:00am - 12:00pm CST each day Register here: <u>https://www.uwgb.edu/behavioral-health-training-partnership/training/dbt-skills-trainings</u>

#### Overview of DBT Skills for Substance Use Disorders

June 18, 2024 | 8:30am - 12:30pm CST Register here: <u>https://www.uwgb.edu/behavioral-health-training-partnership/training/dbt-skills-trainings</u>

### Other trainings

#### Supervising Self-Management and Self-Care

April 11, 2024 | 10:00am – 12:00pm (US/Eastern) Register here: <u>https://attcnetwork.org/event/supervising-self-management-and-self-care/</u>

Preventing Underage Alcohol Use Part 2: Strategies and Recommendations for the Field of Prevention April 11, 2024 | 1:00 – 2:30pm (US/Eastern) Register here: <u>https://pttcnetwork.org/event/preventing-underage-alcohol-use-part-2-strategies-and-</u> recommendations-for-the-field-of-prevention/

#### Hmong Cultural Training Series: CLAS Standards Evaluation for Hmong Communities (flyer attached) April 17, 2024 | 10 a.m. - 11 a.m. Registration Deadline: April 12, 2024 Register here: <u>HTTP://TINYURL.COM/NHZWA7AV</u>

#### Providers and Teens Communicating for Health (PATCH) for Providers Workshop (flyer attached)

April 30, 2024 | 3:00 – 4:30pm Register here: <u>https://countyofdane.zoom.us/webinar/register/WN\_r\_u1BDnHSEikX7RxtaJG5g#/registration</u>





# **TRAINING OPPORTUNITIES**

### Conferences

NAMI Wisconsin 2024 Annual Conference (Rothschild)
April 26-27, 2024
Register here: <u>https://namiwisconsin.org/annual-conference/</u>

#### Prevent Suicide Wisconsin Annual Conference

May 1-2, 2024 (virtual) Registration not yet open. Breakout session proposals accepted through 2/23/24 Visit: <u>https://www.preventsuicidewi.org/conference</u>

#### Opioids, Stimulants, and Trauma Summit

May 7-9, 2024 (Wisconsin Dells or virtually) Register here: <u>https://www.dhs.wisconsin.gov/aoda/opioids-stimulants-trauma-summit.htm</u>

#### First Episode Psychosis Virtual Conference 2024

June 5-6, 2024 | 9:00am to 4:00pm CT each day (virtual) Register here: <u>https://mhttcnetwork.org/centers/south-southwest-mhttc/south-southwest-mhttc-first-episode-psychosisconference-2024</u>

#### Anesis Multicultural Mental Health Conference

August 22, 2024 Speaker Proposals being accepted through March 1, 2024: <u>https://anesistherapycenter.com/confdetails</u> Early Registration opens March 1, 2024: <u>https://anesistherapycenter.com/conf24</u>

### Additional ongoing training resources:

- WPPNT: <u>https://www.dhs.wisconsin.gov/wppnt/2024.htm</u>
- MHTTC Network: https://mhttcnetwork.org/centers/global-mhttc/free-online-courses
- BHTP Special Topics: https://www.uwgb.edu/behavioral-health-training-partnership/online-training/
- UW-Oshkosh On-Demand Training: <u>https://uwosh.edu/ccdet/caregiver-demand/</u>
- 4-Step Approach to Treating Co-Occurring Disorders (12 free CEUs): <u>https://www.uww.edu/orsp/research-centers-and-initiatives/citee/co-occurring-disorders-training</u>

