

SF Reviewing client file and beginning Assessment

Date: 8/13

Categories: SA & SF

Type: Phone

Service: 90min, Doc 10min

D: Reviewed Sally's medical and education records in order to complete initial CCS assessment. Records consisted of:

MMSD IEP

Treatment plan with Feel Good Counseling

Hospital Inpatient Discharge Summary from 2018

Dr. Healthy neuropsychological evaluation from 2019.

Summarized key information from documents and began drafting Comprehensive Assessment. Focused on Basic life satisfaction, family/social involvement, housing, and finance domains. Noted areas where further clarification is needed from parent/client.

Later, place telephone call to Sally's mother/guardian to confirm our initial meeting. Let her know that this writer reviewed the documents received during intake process and asked if there were any other providers she suggested I obtain information from. Mom noted that Dr. Healthy would be a good person to get more medical history from as he has been child's doctor for the past 10 years and they are "practically family".

Sent ROI to mom for Dr Healthy and request additional information for review

A: Sally has extensive history of trauma and difficulty managing behaviors. Though therapy and education services were provided in past, the level of support client needs exceeds what current resources are available. Family history of drug and alcohol use are complicating factors. Further content will be noted in Comprehensive Assessment once developed.

P: Continue draft assessment in order to help frame conversation. Will notify other members of team of upcoming meeting.

SF holding Assessment & First RP meeting

Date: 8/20/2020 Categories: SF, S&A, SP Doc Time: 20 min Service Time: 120 min In-person
Participants: Sally (Client), SF, Sara (mother/guardian, and MMSD teacher)

D: Facilitated assessment and planning meeting with team members and discussed this would also be the first official recovery team meeting in order to develop the comprehensive assessment and establish goals for the first recovery plan. Noted that once we have developed goals, we can begin working on finding additional CCS services in areas they identify. Reviewed the purpose of the assessment and how it relates to the initial and ongoing RP's and services. . Identified strengths, barriers and goals in various life domains. Heard from all parties with respect to each domain and potential strengths, areas of concern, etc. Routed around Recovery Team Meeting Roster and obtained signatures from all parties.

Client did an excellent job articulating her own strengths, needs and goals. Most goals are related to "working through my trauma" and feeling better about herself. Client wants to have positive peer relationships and do well in school. Discussed the various services that could be offered under CCS and began working on draft recovery plan for client's identified goals for psychosocial rehabilitation. Client's main goal right now is to deal with the trauma she experienced as a result of abuse. Discussed that this would be a good goal to put in the mental health domain. The client agreed and added, "I need better self-esteem. I want a therapist to teach me that" C

Sally would like a therapist and possibly some peer support to begin her work on goals. Discussed some ideas for potential providers based on directory and made a plan to reach out following the meeting. MMSD teacher shared important information about supporting client at school over the past few years. Discussed that it is a strong team at school but they need more support around challenging behaviors so client can be successful at school. See assessment and RP for further detail.

Discussed that the plan will begin on 9/10/2020, as this is 30 days past client's initial screening and enrollment, so will need to meet with client and guardian prior to this get signatures.

Scheduled a home visit for 9/5/2020 and planned to bring document for signatures. Also set up next team meeting for 10/24/2020 in hopes of inviting any new team members to attend.

Later at office, compiled information from various sources and team meeting notes and drafted additional information into Comprehensive Assessment, Recovery Plan, and Service Authorizations. Submitted additional ROI's from previous providers in order to complete remaining parts of assessment.

A: Assessment nearly finished. Content for mental & physical health and legal domains still needs additional info. Guardian appears to struggle with the follow through on previous plans in other programs based on information in file. Will discuss in home family psychoeducation to potentially help with this at next team meeting.

P: Will wait for feedback on CCS documents and continue to call providers for potential therapy referrals as well as research peer support.

SF Completion of Draft Comprehensive Assessment

D: Reviewed additional information from PCP and previous in home therapy providers. Finished remaining parts of assessment with new information and submitted to MHP. Drafted 6 month RP and service auths in module and submitted to MHP for approval.

A: Content appears appropriate for beginning services in areas that Sally has identified as priorities in her recovery.

P: Will await for feedback and/or approval of documents by MHP